



# The Church Mouse

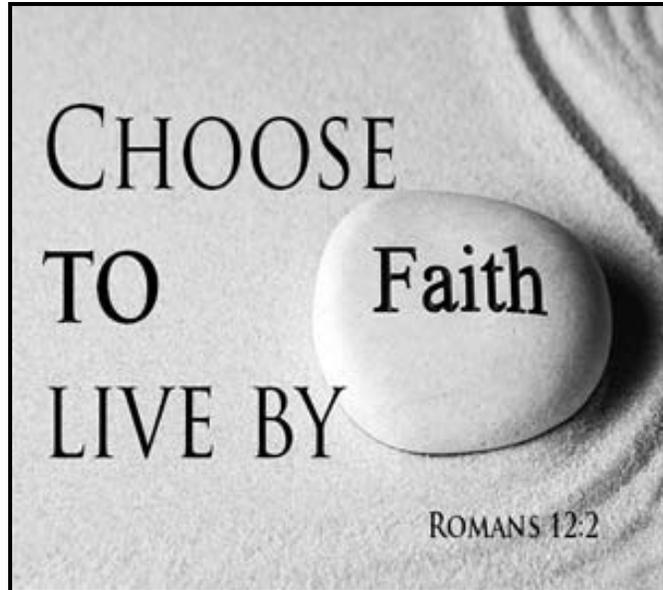
## Newsletter

The First Presbyterian Church of Maywood  
401 Maywood Ave, Maywood, NJ 07607

**February 2022**

### February Message:

Here we are in "Poor February". Winter is not over; the days are getting longer and sometimes dreary. The month has only 28 days in it this year, (that might be a blessing). There are a few holidays in this month, Feb. 1st, **Chinese New Year**, Feb. 2nd, **Ground Hog Day**, Feb. 14th **Valentine's Day** and Feb. 21st brings a 3-day weekend, **President's Day**. Remember when we celebrated Lincoln's Birthday on Feb. 12th and Washington's on Feb. 22nd? Now we have a 3-day shopping extravaganza, *WOW!*



Anything else in February is up for grabs. That includes whatever COVID is going to give us or have us do, such as more testing or vaccines or masks, etc. However, "**the best is yet to come!**" Quoting everyone's most favorite author, anonymous, let's all remember that...

**"Sorry looks back, Worry looks around, and Faith looks ahead"**. Doesn't that seem true? Think about it and come to your own conclusions. But let's concentrate on **FAITH**. It is both in and about faith we must **move** and **believe** and **trust in God**. In Romans 1:17, Paul writes: a righteousness from God is revealed, a righteousness that is by Faith from the first to the last, just as it is written, "the righteous will live by Faith" and Romans 3:22, " This righteousness from God comes through Faith in Jesus Christ to all who believe".

Regardless of the month or season, let's all move forward in our thought, word and deeds ground in our **Faith**.

To God be the Glory, Amen

**Betty**



## The Clerk's Corner

Hello, Church Family,

Ahhh, **February**...the month of **hearts**! This is the month that brings joy to card makers, candy makers, and florists everywhere. This is also the month that has clergy members reminding us that love is spiritual as well as romantic. Lastly, this is the month that has me laying down my clerk's quill and picking up my blood pressure cuff and stethoscope to remind you that not all hearts are about love and happily-ever-after.

February is designated by the **American Heart Association** as **Heart Health Month**. This highlights the importance of self-care in the prevention of heart attacks and strokes.

Here are some important questions that we should all be asking ourselves:

- \*Am I watching my diet?
- \*Am I exercising to the extent possible, based on my physical condition?
- \*Do I have my blood pressure monitored regularly, and take medication regularly, if I need to do so?

These are some difficult questions to answer honestly, and I doubt if any of us are doing as well as we should! If anyone needs any health care materials or blood pressure monitoring, please let me know. I would be very happy to help. Now I'm picking up my quill again. It's cold out there! Stay warm. Call someone and tell them that you love them. Decorate with some hearts. Have some heart-healthy dark chocolate. Happy Valentine's Day!

With hugs and prayers,  
Sheryl

### MEMBER UPDATES



Please plan on attending our **Congregational Meeting** on **February 6th immediately following** our **Church Service**. It is very important that all Church members attend as we need a **minimum of 11 members to vote** and **pass our 2022 budget**. ..so please plan on being there! Thank you!

*Regretfully*, we will **not** be holding our annual **Fish and Chips** dinner this year due to the rise of the Covid/Omicron virus and the need to put safety first. We look forward to the end of this trying time of Covid and hope that next year we can once again have our **Fish** and **eat it too!**

**KNIT OR NOT** fellowship will **not** be **meeting** in **February** and **March** and look forward to **resuming on April 5th 2:30 to 4:00** in the Church Conference Room.

It is with joy and sadness we celebrate the life of our sweet fellow church member, **Madeleine Dani**. We will miss the twinkle in her eyes and her love and respect for nature, her pussy cats and all animals and of course her favorite pass time of reading! We extend our sincerest condolences to her sister, Lise and her family.

\*Is there something you would like placed in this area of The Church Mouse Newsletter?  
email: CarrielWerner@aol.com



Throughout **February** and **March** we will be focusing on our **food collection** benefiting the **Center for Food Action**. Many families are suffering due to the pandemic and rely upon donations of food. Donations of non perishable food items are greatly appreciated. Donation bins can be found in our Lobby area.

**February Birthdays:**

**Sarah Carberry - February 11th**

**RV Heffernan - February 13th**

**Patrick Carberry - February 20th**



**We wish all of you a terrific Birthday and a wonderful year ahead!**

**Jesus himself said, "Love the Lord your God with all your heart and with all your soul and with all your mind. This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself. ' " (Matthew 22:37-39, ESV)**



☺ Just for laughs ☺



**Question:** Why do skunks love Valentine's Day?

**Answer:** *Because they are scent-imental!*

**Thought for the month:**

"Don't think of it as failure. Think of it as time-released success."

... Robert Orben



**HAPPY VALENTINE'S DAY**

